

Healthy Ageing through Innovation

in Rural Europe



Join us to create age-friendly communities in Rother:

Robertsbridge Village Hall

Staying Active: 21st September, 10-1pm. Call Sue on 07783 847944.

Coping with Change: 5th October, 9-12.30pm. Call Annette on 07369 221256.

Making Information Accessible: 5th October, 1.30-5pm. Call Teresa on 07709 169227.

De La Warr Pavillion

Ageing Well in the 21st Century: 14th September, 3-5.30pm at the HAIRE tables. Call Annette on 07369 221256.

Rye Creative Centre

Reducing Loneliness: 29th September, 1.30-4.30pm. Call Sue on 07783 847944.

Making Information

Accessible: 29th September, 9-12.30pm. Call Teresa on 07709 169227.

Reducing Loneliness: 12th October, 10-1pm. Call Sue on 07783 847944.

Rye Baptist Church

Staying Active: 11th October, 1.30-4.30pm. Call Sue on 07783 847944.

Sign up for events here:

www.rva.uk.com/events



Please call the phone numbers above if you would like help to sign up or to get to these events.

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European Regional Development Fund

